



**AUTISM TRAINING AND TECHNICAL
ASSISTANCE PROJECT**

Job Interest Inventory: What do I like and want to do?

List your talents and strengths:		How might these help me work or do my job better?	
• • •		• • •	
List at least 3 jobs or careers you are interested in:		Think about and list things these jobs have in common:	
• • •		• • •	
List your current skills, experience, and education level:			
Skills	Experience	Education	
Name a job that is a good fit for you right now:			
My long-term career goal is:			
Where I see myself in 1 year:	Where I see myself in 5 years:	Where I see myself in 10 years:	
Based on my skills, is my long-term career goal realistic? Create a clear, step by step plan to reach this goal:			
Step 1:	Step 2:	Step 3:	Step 4:
What types of jobs would make me feel satisfied?			
What types of jobs would not be a good match for me?			